



It Feels Good to be Yourself

A Book About Gender Identity



This is **Maggie**. She's a _____ girl. That means when she was born, everyone thought she was a boy. Until she grew a little older and told everyone that she's actually a girl.

This is **Mike**. Mike is a _____ boy. That means when Mike was born, everyone thought he was a boy, and as he grew older, it turns out everyone was right. He is a boy.



Not everyone feels like either a boy or a girl. _____ is a helpful word that can describe a person who doesn't feel exactly like a boy or a girl.



This is Maggie's friend **Sasha**. Sasha is _____ a boy and a girl. When Sasha was born, everyone thought Sasha was a boy, but Sasha is both a boy and a girl. This is Sasha's _____.

This is Sasha's friend **Max**. Max is _____ a boy nor a girl. Ever since Max was little, they never felt exactly like a boy or a girl. They just felt like themselves. This is Max's gender identity.



Instructions: Use the words in the word bank to fill in the blanks.

cisgender neither gender identity
both transgender non-binary